

# Butterfly Silhouette Quilt



A cot sized quilt that is great to use up charm squares and scraps!

Designed by Rachel Measham-Pywell from Four Wise Monkeys for Sew Mama Sew

## Materials

This quilt can be made from charm squares, scraps, fat quarters or strips of fabric. I used 14 different fabrics including a mixture of scraps from my stash and fabric strips. You will need 109, 5" squares from at least 14 different fabrics. Lots of fabric scraps would look great!

20" solid pink fabric – butterflies

15" fabric – binding

20" of visofix and thread for the appliqué

Hand sewing needles and embroidery thread to match your solid pink fabric

Backing fabric at least 44" x 60"

Batting at least 44" x 60"

Finished size 40½" x 54"

All seams are a quarter of an inch.

## Cutting instructions

For my quilt I cut 14, 5" strips across the width of the fabric. I cross cut 12 strips into 8 x 5" squares, 1 strip into 7 x 5" squares and 1 strip into 6 x 5" squares for a total of 109 squares.





## Assemble your Blocks – Make 1 Disappearing 9 Patch Block



Take 9 x 5" squares and lay our block out in a 9 patch formation as pictured. Sew the three rows together and press the seams. I prefer to press my seams open.



Sew the first two rows together, using the picture as a guide to pin at the seams to ensure that they are orientated correctly. Press, then join next rows together, carefully matching the seams. Press.





Measure 2¼" from the edge of your centre panel. This should be the centre of your block. Using your rotary cutter, cut the block in half along this line, vertically.



Measure 2¼" from the edge of your centre panel horizontally and cut the block in half again. You will now have four pieces. Using the picture as a guide, turn the blocks to create a new pattern.

Sew together the top blocks and the bottom blocks.

Press, then join next rows together, carefully matching the seams. Press again.



Your first block is done! Follow these steps to make another 11 blocks.



## Assembling the Quilt top



Using a design wall or your lounge room floor, arrange your block in 4 rows of three. Take a photo for reference.

Carefully matching the seams, sew the blocks together in rows and press. Sew the rows together and press. Your quilt top is now done and ready to applique!

## Prepare your applique



Print out your applique templates. You will need to join together the large butterfly along the dotted line. I traced 2 large butterflies and 3 small butterflies. You can trace and cut a different combination or number of butterflies for a different look.

Onto visofix, trace the appliqué pieces leaving a gap between each shape for cutting out. Following the manufactures directions fuse the visofix to the wrong side of the pink solid fabric. Cut around the shapes.



Using the photo as a guide, arrange the appliqué pieces on the background fabric. Iron the appliques into place using a warm dry iron.

Applique the shapes using your favourite method. I used a buttonhole stitch on my sewing machine. If you use your sewing machine, take your time and sew very slowly around the curves.

Using the picture as a guide, embroider the antennae using 3 strands of pink stranded cotton, using back stitch and adding a French knot each end. I drew my antennae freehand with a fade away pen.

### **Finish the quilt**

Smooth out the backing fabric on a flat surface such as a table or a floor and secure it down with masking tape.

Place the batting on top, ensuring it is smooth with no bumps or wrinkles. Lay the quilt top on top of the batting and pin or baste the three layers together.

Quilt as desired. I quilted my quilt in a curvy zig zag stitch, spaced 2½" apart, using my walking foot and a decorative stitch on my sewing machine. Trim the backing and batting.

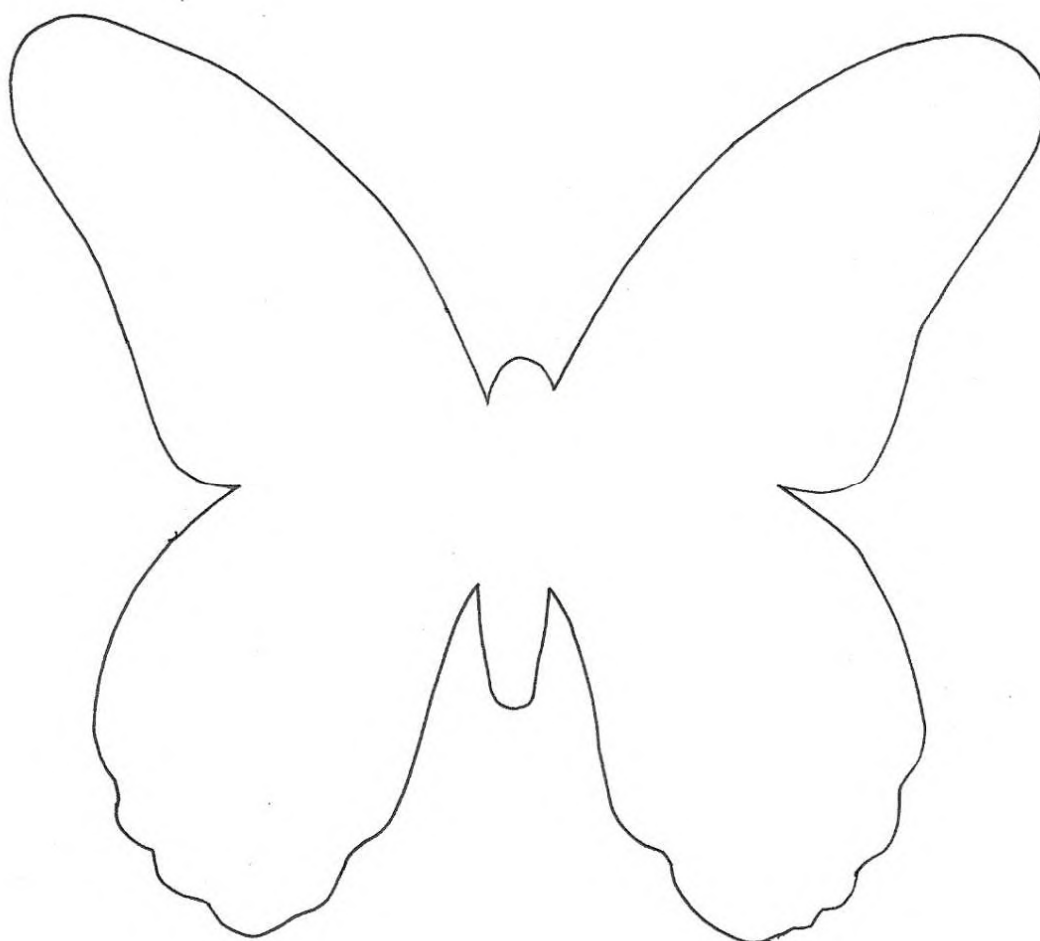
Cut 5 strips, 2½ wide across the width of the binding fabric. Join the five binding strips into one long strip and press the seams open. Fold the strip in half lengthways and press. Stitch the raw edge of the binding along the edge of the quilt and mitring the corner as you go, or use your preferred binding method.

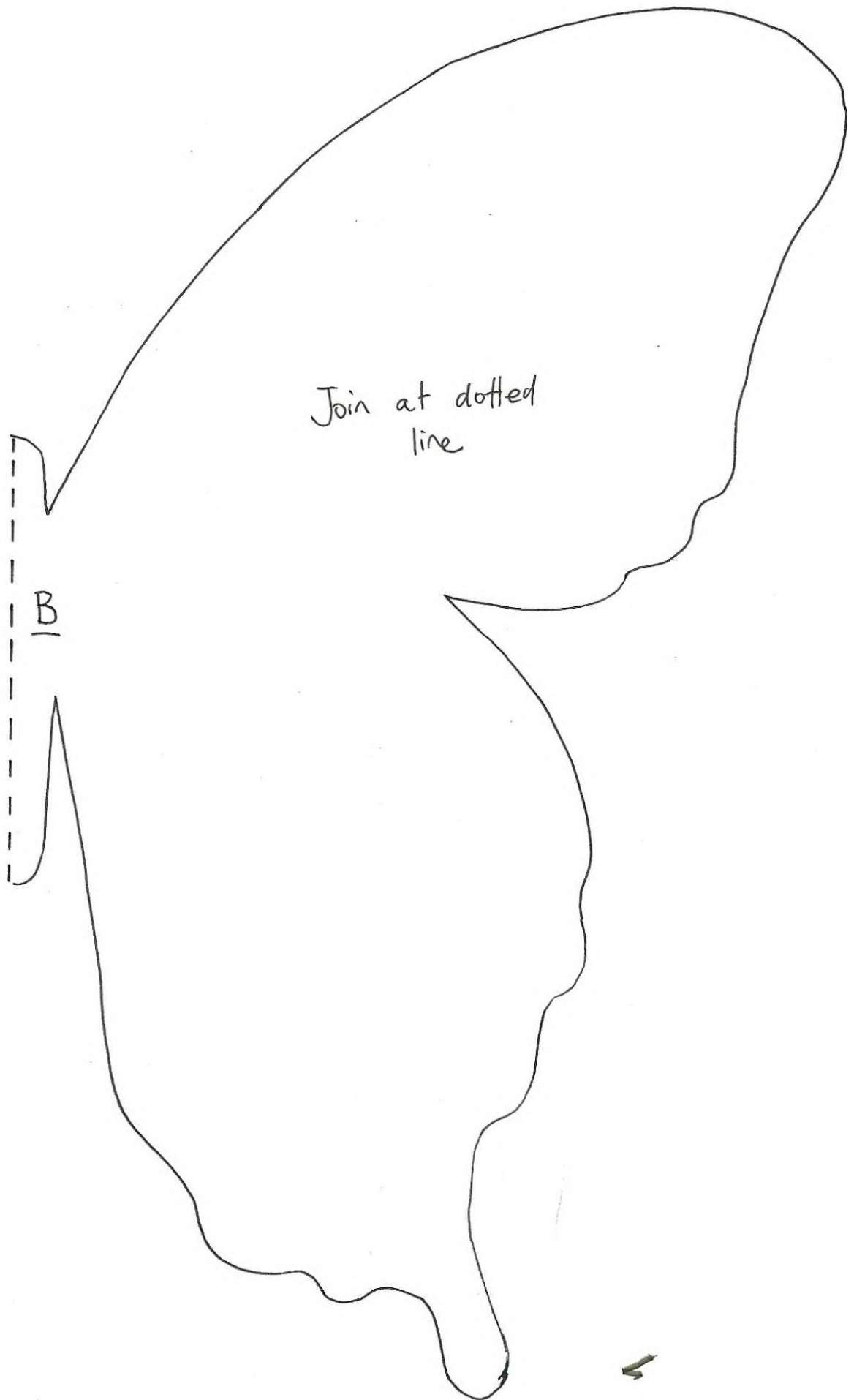
Turn the binding over and hand stitch into place. Label, date and enjoy your quilt.





**Applique Templates**

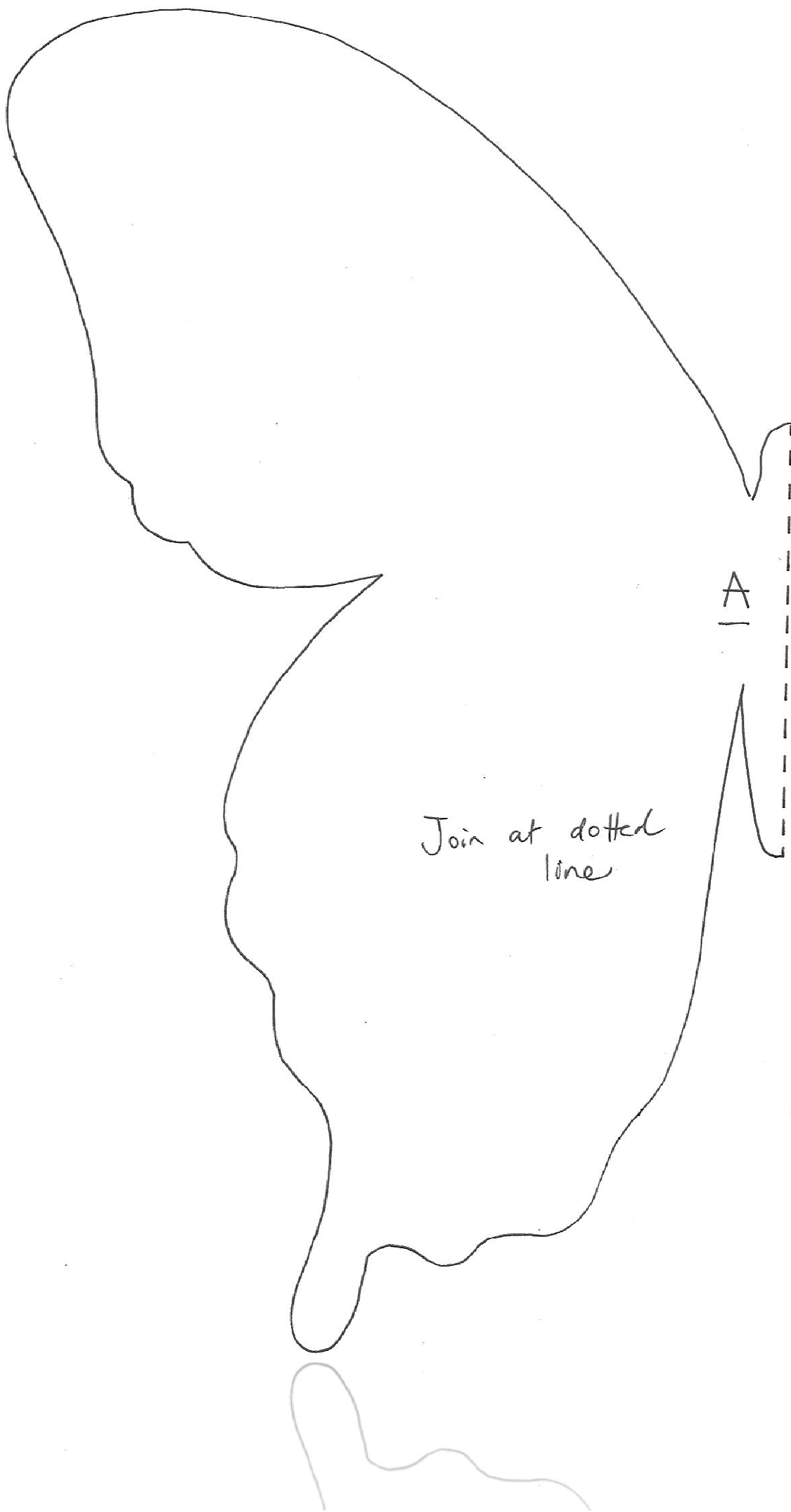




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